

Dr. Arnav Hrishikesh Pai

MBBS (Gold Medal), MS OBGYN (Gold Medal, Mumbai), DNB, FMAS, DMAS (Gurugram), DRM (Dubai), FRM (Germany), FICRS (Delhi)

Obstetrician & Gynaecologist · Infertility and IVF Specialist · Endometriosis Expert (Italy) · Gynaecological Laparoscopic and Robotic Surgeon

+91 9987699000 · arnavpai@hotmail.com · Licensed in India: MMC 2020/03/2352; Addl. 3861/2023



PERSONAL STATEMENT

Consultant Obstetrician and Gynaecologist and an expert in General Obstetrics, High-Risk Obstetrics, General Gynaecology, Endometriosis care, Laparoscopic Surgery, Robotic Surgery and Assisted Reproductive Technology, with a goal of sustainable healthcare for the country.

EDUCATION

- MBBS — Gold Medalist
- MS Obstetrics & Gynaecology — Gold Medalist
- MRCOG (UK / England)
- DNB (Obstetrics & Gynaecology)
- FMAS — Fellowship in Minimal Access Surgery
- DMAS — Diploma in Minimal Access Surgery
- FICRS — Fellowship of International College of Robotic Surgeons
- Endometriosis Expert (Italy) — Advanced Endometriosis Surgery & Management
- FRM (Germany) — Fellowship in Reproductive Medicine
- DRM (Dubai) — Diploma in Reproductive Medicine
- Advanced Gynaecological Robotic & Laparoscopic Surgery Fellowship — 6 Months (Taiwan)
- **Rank 1 All India** — Fellowship in Reproductive Endocrinology & Assisted Reproductive Technology (IVF), ICOG Mumbai, 6 Months (2026)
- Board Certification in Advanced Laparoscopy & Robotic Surgery — MOGS, Mumbai

MEDICAL EXPERIENCE

CURRENT

Chief Consultant — Budget Fertility Pearl Centre

Dadar, Mumbai, Maharashtra, India

Founder — Naraya Health Pvt. Ltd.

Mumbai, India

Founder and CEO — PARH Healthcare Pvt. Ltd.

Mumbai, India

Consultant — Bloom IVF, Mumbai

Mumbai, India

Consultant — Budget Fertility Centre, Dadar

Dadar, Mumbai, India

Senior Resident Consultant, Obstetrics and Gynaecology (2024–2025)

D Y Patil Hospital, Navi Mumbai

PREVIOUS

Resident, Obstetrics and Gynaecology (2020–2023)

D Y Patil Hospital, Navi Mumbai

AREAS OF SPECIAL INTEREST

Endometriosis · High-Risk Obstetrics · IVF & Fertility Preservation · Robotic & Laparoscopic Gynaecological Surgery

PROFESSIONAL SKILLS

- **Patient Care:** Proficient in diagnosing and treating a wide variety of medical conditions.
- **Communication:** Ideal communication skills with patients and colleagues.
- **Medical Management:** Expert in expectant and medical management of various medical conditions.
- **Surgical:** Expert in Open, Laparoscopic and Robotic surgeries.
- **Endometriosis Care:** Expert in diagnosis and advanced surgical management of endometriosis (Italy-trained).
- **Leadership:** Leadership qualities in the workplace as well as various OBGYN committees.

CERTIFICATIONS & TRAINING

- **Endometriosis Expert Training (Italy)** — Advanced training in diagnosis and surgical management of endometriosis (2025)
- Fellow of International College of Robotic Surgeons (FICRS) — trained in Gynaecological Robotic Surgery, Gurugram, Delhi (2025)
- Diploma in Reproductive Medicine, Dubai (2025)
- Fellowship in Reproductive Medicine, Germany (2025)
- Board Certified Advanced Gynaecological Endoscopy and Robotic Surgeon, Mumbai — under guidance of Dr. Uddhavraj Dudhedia (2025)
- Trained with Dr. Rajendra Sankpal in Laparoscopic Gynaecological Surgery, Mumbai (2024)
- Trained with Dr. Pradeep Garg in Laparoscopic Gynaecological Surgery, Agra (2023)
- Trained in Lilavati Bloom IVF in ART and IVF with Dr. Hrishikesh Pai (2023)
- Fellowship and Diploma Training in Minimal Access Gynaecological Surgery at World Laparoscopy Hospital, Gurugram — Dr. R K Misra (2023)
- Basic and Advanced Neonatal Resuscitation Programme (2022)
- Basic Course in Biomedical Research (2020)
- Certification in Basic and Advanced Life Support (2020)
- **Rank 1 All India** — Fellowship in Reproductive Endocrinology and Assisted Reproductive Technology (IVF), Indian College of Obstetricians and Gynaecologists (ICOG), Mumbai — 6 Months (2026)

ACADEMICS

- Passed ICSE with 93.4% (2012)
- Passed HSC with distinction (2014)
- First MBBS — Distinction in Biochemistry and Physiology
- Second MBBS — Distinction in Microbiology and Pharmacology
- Third MBBS — Distinction in ENT, Ophthalmology and PSM
- Final MBBS — Distinction in General Surgery and Paediatrics
- GOLD MEDAL in General Surgery (Final MBBS 2019–2020)
- OVERALL Rank 1 and Gold Medal of 2014 Batch MBBS (Internship completion 2020)
- Reviewer for The Journal of Obstetrics and Gynaecology of India (JOGI)
- Secured Rank 1 and GOLD MEDAL in MS OBGYN 2020–2023
- Distinction and High Percentage in DNB OBGY examination

RESEARCH & PUBLICATIONS

- Article 'Azoospermia — Novel Management in The Current Era' published in 'Bangladesh Journal of Fertility and Sterility'
- Article 'Return to ART Practices — The Post Coronavirus Era' published in 'Journal of Reproductive Healthcare and Medicine'
- Article 'First Live Birth After Single Sperm Freezing With Novel Sperm Vitrification Device (SPERM VD) For Non-Obstructive Azoospermia From India — A Cheer Amidst COVID Pandemic!' published in 'Indian Obstetrics and Gynaecology Journal'
- Article 'Oocyte Cryopreservation — Current Scenario and Future Perspectives: A Narrative Review' in 'Journal of Human Reproductive Sciences'
- Article 'Artificial Intelligence in Reproductive Medicine' published in ACOG Journal
- Article 'OHSS case report' published in 'Bangladesh Journal of Fertility and Sterility'
- 'Feto-Maternal Outcomes in Patients With Previous Two LSCS' published in SAFOG Journal
- Article 'Postpartum Use of Shatavari Bar Improves Breast Milk Output: A Double Blind, Prospective, Randomized, Controlled Clinical Study' published in CUREUS Journal

BOOK & CHAPTER CONTRIBUTIONS

- Contribution of Chapter 'Artificial Intelligence in OBGYN' in 'Current Progress in Obstetrics and Gynaecology — JOHN STUDD' textbook
- Contribution in Book on 'Assisted Reproductive Technology' published in AICOG 2025
- Contribution to the book 'Ovulation Induction Simplified' with the chapter on 'Gonadotropins: Follicle Stimulating Hormone, Luteinizing Hormone and Human Menopausal Gonadotropin'
- Contribution to the book 'IVF Techniques for the Beginners — 2nd Edition' with the chapter on 'Intracytoplasmic Sperm Injection Protocols'

RESEARCH FOCUS

Assisted Reproductive Technology · Endometriosis and Reproductive Surgery · Artificial Intelligence in Reproductive Medicine · Fertility Preservation and Cryopreservation

AWARDS & HONOURS

- Academic Prize for securing Rank 1 in Final Year MBBS (2020)
- 1st Prize Free Paper, MOGS 'Conflict To Clarity' Conference 2020 — 'Day 3 vs Day 5 Embryo Transfer'
- 2nd Prize Free Paper, FOGSI PG Forum Conference 2020 — 'Improving Outcomes In ART: Does Day of Embryo Transfer Matter?'
- Certificate for Poster Presentation, FOGSI 2020 Sexual Medicine Committee — 'Sexual Violence: the Problem and the Solution'
- 1st Prize Free Paper, MOGS FEM Conference 2020 — 'Comparison of Fresh vs Frozen Oocytes in a Donor ART Programme'
- Winner of 'MOGS Dr. H Desa Silver Jubilee Prize' for dissertation 'ART Practice in COVID Era'
- 1st Prize Free Paper, Dr LM Shah Prize, MOGS 49th Annual Conference 2021 — 'The Safety and Outcome of Infertility Treatment During the COVID Pandemic'
- Certificate for Poster Presentation, iPOSTER category, RCOG World Congress 2021 — 'Improving Outcomes in ART cycles: Does Day of Embryo Transfer Matter?'
- 1st Prize Free Paper, East Zone Yuva FOGSI Conference 2021, Oral Miscellaneous Paper
- Overall Best Paper Prize, East Zone Yuva FOGSI Conference 2021 — 'Comparative Analysis of Frozen vs Fresh Oocytes in a Donor ART Programme'
- 3rd Prize and Participation Prize for Free Paper, WATOG International Conference and Trainee's Research Talent Hunt 2021 — Oral Miscellaneous Paper
- 1st Prize in Debate Competition, MEDHA FOGSI PG Training Programme 2021 — 'Breech Delivery For and Against'
- Participation Prize Free Paper, AICC RCOG Annual Conference 2021
- 2nd Prize Free Paper, POGS AMOGS Zonal Conference, Pune 2021
- 1st Prize Free Paper, AMOGS Conference 2021 — 'New Vistas in Fertility Management'
- Participation Prize Free Paper, Annual COGSICON 2021 — 'Emergencies in O&G'
- Prize for Presenter, MEDHA FOGSI Training Programme 2021 — 'Hysteroscopic Resection of Submucous Fibroids'
- 1st Prize Free Paper, FUSION 2022 Conference (ESHRE, IFS, ISAR) in ART category
- 1st Prize Poster Presentation, FOGSI West Zonal Conference with YUVA 2022 — 'Improving Outcomes In ART: Does Day of Embryo Transfer Matter?'
- 1st Prize, Mrs. Indumati Jhaveri Prize Free Paper, AICOG Kolkata 2023 — 'ICSI Outcome with Sperm from TESE vs Sperm from Ejaculate in Severe Male Factor Infertility'
- 1st Prize Oral Paper, FOGSI FEMMTEK 4 Conference 2023, Senior Group Infertility and ART
- 1st Prize Free Paper, Dr. Asha Rao Prize, ISAR 2025 Conference — 'The Effect of Endometrial Thickness on Pregnancy Rate in IVF Cycles'

LEADERSHIP

- Represented Asia as Postgraduate in OBGYN at ‘FIGO World Congress 2021’ as Speaker for ‘Postgraduate Training in Asia’
- Master of Ceremony for multiple webinars and conferences in FOGSI, MOGS and IAGE, such as ‘Internal Iliac Artery Workshop FOGSI (2023)’ and ‘ISOPARB webinar on Obstetric Haemorrhages (2025)’
- Main MOC for ISAR 2025 Lucknow Conference
- Teaching Faculty for ‘Basic Infertility and IUI’ Workshop at AICOG 2025 Mumbai
- Core Organizational Committee of AICOG 2025 Mumbai conference, with an attendance of 14,000 delegates at Jio Convention Centre, Mumbai
- General Secretary of D Y Patil Medical College, Navi Mumbai (3rd MBBS)
- Past Editor of D Y Patil Medical College Annual Magazine ‘IRIS’
- Past Organizer of D Y Patil Medical College Sports Events — ‘Adrenalyn’ and ‘Olympia’
- Past Organizer of D Y Patil Medical College Annual Cultural Festival ‘AURA’
- Prefect in Class 9/10, Bombay Scottish School, Mahim

LANGUAGES

- English
- Hindi
- Marathi

PROFESSIONAL AFFILIATIONS

- FOGSI Member — Organization Committee of AICOG 2025
- MOGS Youth Council Member (2024 onwards)
- IAGE Youth Council Member (2025)
- ISAR Member

REFERENCES

Available upon request.

+91 9987699000 · arnavpai@hotmail.com